



COALITION FOR A DRUG-FREE LYONS TOWNSHIP

PARENT EDUCATION SERIES 2019-2020

OCTOBER: "NOT MY KID"

October 16 7-8:30 P.M. at Park
October 23 7-8:30 P.M. at Pleasantdale
October 24 7-8:30 P.M. at Gurrie
October 29 7-8:30 P.M. at McClure
October 30 7-8:30 P.M. at Highlands

-Transitions
-Building resilience
-Parent communication strategies

-Insights into topics relevant to parenting teens, dealing with teen stress, and your teen's exposure to alcohol and drugs

Parents are as susceptible to peer pressure as teens when it comes to community norms about drinking or drug abuse

NOVEMBER: "LEGAL MARIJUANA: NOW WHAT?"

November 6 7:30 P.M. at LTHS South Campus

Presenter: Matt Quinn, licensed Clinical Professional Counselor, certified alcohol and drug Counselor in Illinois
-Counseling adolescents and adults for 15 years

-Bachelor's in Psychology at University of Notre Dame, Master's in Clinical Psychology at the Illinois School of Professional Psychology

FEBRUARY: "DRUGS, ALCOHOL & THE TEEN BRAIN"

February 25 7:30 P.M. at LTHS South Campus

Presenter: Tammy Tunac (MA, LPC, CADC Behavioral Health Clinician)

-Understand why adolescent drug and alcohol use is dangerous
-Insight on the marijuana and vape's relation to mental health
-Understand signs to look for in your teen